

# PARTICIPATION STEP 01

**From Senior Instructor:** (please fill in your name)

## **Dear Senior Instructor**

Thank you for participating in this process with us. The steps we take now together are preparation steps for the meeting with all Seniors during the EIR Meeting in France. We appreciate your input very much and thank you for the time you take to do this. Your feedback is important to us in order that we can change and improve our relationship.

## **PARTICIPATION STEP 01**

Here are a few questions to you in order for us to see how the UHTS” Seniorinstructor group is doing out there in the world as well as how this group feels about the cooperation so far between Seniors and the UHTS.

Please fill in your answers directly bellow the questions and send the document back to Walter Kellenberger. Thank you.

- What is your main motivation to teach the system?
- Which advantages/benefits is the UHTS giving you?
- Do you feel enough valued and appreciated by the UHTS?
- What do you feel you are ore have been doing for / towards the growth of the UHTS?
- What do you feel the next step of evolution is that the UHTS has to make in order that the system can be passed down successfully to future generations?
- What changes would you like to see in the UHTS?
- If you would involve yourself more deeply in the UHTS what would you like to be involved in?
- Please add any other comments / suggestions / feedback from you here:

# PARTICIPATION STEP 02

**From Senior Instructor:** (please fill in your name)

**Dear Senior Instructor**

Thanks for supporting us in this step as well.

Please answer questions directly bellow and fill out the document at the end and then send all back to Walter Kellenberger. Thank you.

## PARTICIPATION STEP 02

Part 1 - Here we like all Seniors to answer us

Part 2 – Is only for those Seniors who have done Associate Instructor Trainings in the past ore intent to do it in the near future as well.

### PART 1

- How many AI have you educated, certified so far in your career as a Senior Instructor?
- If zero to 20 – why did you not choose to form Associate Instructors at all or why only so many?
- If more than 20 – what is your main motivation in doing so?
- Would you be willing to bring your Associate Instructor Training Package such as “AI Teaching Materials, Prospects, Marketing Materials for it etc” to the Senior Meeting in France so we all can share within our Senior Group about it?

### PART 2

You find on the next page a document that has a collection of items that we gathered so far that we consider important items / themes in a Associate Instructor Education.

Please look at it and add any item, theme that you think is missing or what you consider important to be in a associate instructor education.

## Additional themes and contents of sharing in a Associate Instructor training for me are:

01  
02  
03  
04  
05  
06  
07  
08  
09

### UHT LOGISTIC ITEMS

AIT Registration

AIT- Statement

Personal Growth of AI trainee

Certification Form, Agreement, Ethics

My Intention, Mission, Vision as a Associat I.

Feeback from Senior for them

### UNIVERSAL HEALING TAO SYSTEM SKILLS AND TECHNIQUES

Introduction to UHTS

How to introduce the UHTS

Worm ups

Theory, Exercises etc

Pre-Meditation exercises

Inner Smile

6 Healing Sounds

3 Brains / 3 Centers / 3 TanTiens

Activation of 3 Fires

6 Directions

MCO

Sitting exercises before doing Meditation

Theory, Anatomy and how to teach it

Theory, Anatomy and how to teach it

Theory and how to teach opening them

Theory, Anatomy and how to teach it

Theory and how to teach it

Theory, all points, precautions, etc

How to teach it, how to open MCO

in sitting, standing position and the

Handtechnique support people to open MCO

Theory and how to teach it

Iron Shirt Chi Kung Tree/Turle

World Link Meditation

Theory and how to teach it and to use it

for personal as well as in teaching situation

Summary sets of the practices

Set of single warm up exercises

Set of partner warm up exercises

Comple Warm Up Set

Comple Meditation Set Standing and Sitting

### UHT BUSINESS ASPECTS

Workshop Preparations

How, What, When to prepare

Ways of sharing the material

Evening Classes Structure

1 Day Seminar Structure

2 Day Seminar Structure

Going Home Instructions

What recomandations to give?

What support papers to give?