

B. EVALUATION OF INSTRUCTORS TRAINEES

1. General Information about the Evaluating

First of all don't worry too much about the evaluations. When you have practiced and prepared yourself enough during the last year(s) and continue practicing intensively (especially the Sounds and the Inner Smile) during your instructor training here in the Tao Garden you will enjoy this evaluations. They will give you a very good feedback about your progress. We like to see all of you certified, at least the Microcosmic Orbit. And in case you are not certified in any of the evaluations, please accept that you are not ready to teach this part of the Healing Tao system to the people and have to continue your practice and study.

2. Announcement

During your instructor training here in the Tao Garden, you can do the evaluation for Microcosmic Orbit (including Six Healing Sounds, Inner Smile and Opening the Three Tan Teins to the Six Directions), Iron Shirt Chi Kung I, Healing Love, Tao Yin I, Cosmic Cleansing, and Tai Chi Chi Kung I. Instructor trainees have to be certified first in the Microcosmic Orbit before they can do any other evaluation. Evaluation for the Healing Love and Tai Chi Chi Kung I is only possible after being certified in Iron Shirt Chi Kung I.

3. Evaluating

You will be evaluated by Master Chia, Senior Instructors, and the instructors assisting. They will decide the level of the candidate. If near certification the candidate can be evaluated again. If not near certification the candidate has to train for 6 months or a year to be evaluated again.

If Master Mantak Chia and/or the Senior Instructors assisting feel that the attitude of the candidate is not up to Healing Tao standards (such as respect & virtue energy), even though the candidate understands the material & techniques, they can decide not to certify the candidate.

4. Evaluation Schedule

1st Week: Review with Fellow Trainee

2nd Week: Microcosmic Evaluation-Inner Smile, Healing Sounds, Opening 3 Tan Teins

3rd Week: Iron Shirt I Evaluation, Healing Love Evaluation, & Fusion Interviews

4th Week: Tai Chi Chi Kung I Evaluation and Tao Yin I & II Evaluation

5. Short Introduction to the Evaluating Procedure

MICROCOSMIC ORBIT

This evaluation consists of two main parts:

- Passing Energy: The hand technique & the feeling of energy are important in the evaluation.
- Teaching the Inner Smile, the Six Healing Sounds and Opening the Three Tan Teins to the Six Directions and the Opening of the Microcosmic Orbit to a small group of students.

Read for further information in the Microcosmic Orbit Instructor Training Evaluation sheet.

IRON SHIRT CHI KUNG I

This evaluation also consists of two major parts:

- Evaluation of your own structure and rooting by pushing in the Embrace the Tree, the Turtle and Golden Urn positions.
- Your teaching ability will be evaluated by correcting the postures of a group of participants.

See for further information in the Iron Shirt Chi Kung I Instructor Training Evaluation sheet.

HEALING LOVE

- First answer the questionnaire and give it to the instructors, who are evaluating you;
- After that you will have an interview about your own practice and your knowledge of the Healing Love with the instructors assisting.

Please read for further information about the evaluation in the Healing Love Instructor Training Questionnaire and the Guidelines for the Healing Love Instructor Training Evaluation sheets.

TAO YIN I-II

This evaluation consists of three parts:

- Judging and evaluating your postures;
- Teaching some postures to a group of participants and correcting them;
- An interview about the theory and anatomy (lumbar vertebrae and psoas muscles);

Please read for further information in the Tao Yin I-II Instructor Training Evaluation sheet.

COSMIC CLEANSING

- You have to do a whole week of Cosmic Cleansing and keep a diary;
- You have to teach and guide at least one other participant;
- After that you will have an interview about the theory and your own experiences;
- You have to send in 20 questionnaires in order to become fully certified.

Please read for information about the evaluation in the Cosmic Cleansing Evaluation sheet.

TAI CHI CHI KUNG I

This evaluation consists of two major parts:

- You have to do the Tai Chi Chi Kung I form which will be evaluated by Master Mantak Chia and/or Senior Instructors assisting;
- Correcting the forms of some participants to evaluate your teaching ability.

Please read for information in the Tai Chi Chi Kung Instructor Training Evaluation sheet.

FUSION OF THE FIVE ELEMENTS I

This evaluation consists of two major parts:

- After you have completed Fusion Retreat Week you will have a group interview for future certification
- Explaining the Fusion questionnaires and teaching procedures.

6. Certification for the Higher Levels

After teaching this Basic Living Tao practices for one year or more you can proceed to your certification for teaching the higher levels as Fusion of the Five Elements I, Bone Marrow Nei Kung, etc. All the information about procedures and requirements for certification can be found in the Universal Tao Center (UTC) Certification Requirements.

7. Overall Guidelines for Teaching

- All those who teach must do the practice!
- The Living Tao material must be taught under the Universal Tao Center name.
- Organize at least within 18 months a group of students for a course or workshop.
- Do the practice and review with Master Mantak Chia, Senior and local Certified Instructors.

8. Instructor Benefits

- Forty (40) % discount on all Living Tao Books (Minimum Purchase of \$100.00 US)
- Instructor Associations and Senior Instructor assistance
- Tao Garden Retreat Instructor & Student Discounts