



# **Universal Tao Center**

## **At Tao Garden Wellness Retreat**

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### **Immortal Tao (20) Questionnaires for Certification of Senior Alchemy Instructor Sealing of the 5 Senses (SF)** *(Please Print Clearly and Completely for Requirements)*

(First Name) \_\_\_\_\_ (Last Name) \_\_\_\_\_ Instructor's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Country: \_\_\_\_\_ Zip/Mail Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

1) What sensations were you experiencing when you activated the Yin Fire & the Yang Fire in the kidneys?

2) Did you have problems forming and feeling the collection points at the Crystal Room and the mouth?

3) What were the sensations when you coupled the water and the fire at the nose tip steaming the Crystal Room?

4) Could you establish and experience the collection points from the Eyes and the Mouth?  
100%      75%      50%      25%      0%      (Yes=100% ; No=0%)

5) Did you feel a difference between spiraling the energy in the Crystal Room & collection points?  
Yes?      No?

6) What did you feel by spiraling/condensing the energy from Left Kidney Collection Pt. at Left Ear?

7) How did you feel after steaming the Ear Energies (Fire & Water) in the Crystal Room?

8) How did you experience the connection with Water Force (Mouth) & Fire Force (Crystal Room)  
100%      75%      50%      25%      0%

9) What did you experience after cleaning out Thrusting Channels & activating the Sexual Energies?

10) Were you able to build the Aura using the Colored Mist with the Organs by Turning the Wheel?  
100%      75%      50%      25%      0%

11) Could you feel the connection with the eyes and the Sun and the Moon?  
100%      75%      50%      25%      0%

12) Could you feel the coupling at the Mideye with the Eyes?

100%      75%      50%      25%      0%

13) Could you bring up the Sexual Energy to the Mouth Collection Point?

100%      75%      50%      25%      0%

14) Could you feel harmonizing of the 4 Forces at the Earth Center with Eyes, Ears, Tongue, Nose?

100%      75%      50%      25%      0%

15) Could you send the Pill out to connect with the Big Dipper and the Skull Points?

100%      75%      50%      25%      0%

16) How did the Violet Light coming down from the Big Dipper fill the Crown?

17) Did you feel more energy bringing the Sexual Energies up to the Pineal Gland then dipping down into the Mouth?

18) What do you feel is the importance of the resting periods in between the exercises".

19) What do you feel is the importance of connecting with the Tortoise, White Tiger, Green Dragon, & Red Pheasant?

20) How did you feel connecting the Colors and coupling them in the Crystal Room?

21) What were the sensations when you connected the Organs with the Planets in the Crystal Room?

**Feedback:**

1) *What was your personal impression of this session?*

2) *Did the instructions from this session prepare you for working with the new material by yourself?*

100%      75%      50%      25%      0%

3) *What suggestions do you have that might help to enhance this session?*

4) *Do you feel comfortable and happy about what you learned?*

100%      75%      50%      25%      0%

5) *Do you think your friends could benefit from this session?*

100%      75%      50%      25%      0%

6) *Do you feel the material in this session will be wend for you in your daily life?*

100%      75%      50%      25%      0%

**Date:** \_\_\_\_\_

**Signature of Student:** \_\_\_\_\_

**Signature of Instructor:** \_\_\_\_\_