



# **Universal Tao Center**

## **At Tao Garden Wellness Retreat**

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### **Immortal Tao (20) Questionnaires for Certification of Inner Alchemy Instructor Lesser Kan & Li (K1)**

*(Please Print Clearly and Completely for Requirements)*

(First Name) \_\_\_\_\_ (Last Name) \_\_\_\_\_ Instructor's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Country: \_\_\_\_\_ Zip/Mail Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

- 1) What sensations were you experiencing gathering the Outer Light?
  
- 2) Did you have problems forming the Cauldron drawing the energy from the Kidneys and the Adrenals?
  
- 3) What were the benefits of coupling the Fire and the Water?
  
- 4) Could you establish and experience the steam from the Cauldron?  
100%      75%      50%      25%      0%      (yes = 100% no = 0%)
  
- 5) Did you feel any difference in steaming in any of the Organs?  
Yes?      No?
  
- 6) What did you feel by steaming the spine from the Crown to the Sacrum?
  
- 7) How did you feel after steaming the Lymphatic System and activating the Nodes?
  
- 8) How did you experience connecting the Pulses with the Tongue, Crown, Anus, Feet, & Wrists?  
100%      75%      50%      25%      0%
  
- 9) What benefits did you experience steaming the Yin and Yang Organs?
  
- 10) How did you experience the steam the Twelve Channels?  
100%      75%      50%      25%      0%
  
- 11) Could you feel the steam expand in the Thymus, Pituitary, and Pineal Glands?  
100%      75%      50%      25%      0%

12) Could you feel the vision sensation using the Inner Eye Technique?

100%      75%      50%      25%      0%

13) Could you feel the steam moving through the Nervous System?

100%      75%      50%      25%      0%

14) Could you create the Self Intercourse using the Power Lock Technique?

100%      75%      50%      25%      0%

15) Could you feel the Energy moving up from the genitals to the Pineal Gland with the Self Intercourse formula?

100%      75%      50%      25%      0%

16) Did you feel more energy in the Self Intercourse after the steaming process?

17) How did the energy feel after gathering the Light, forming the Pill and growing the Immortal Fetus?

18) What do you feel is the importance of the resting periods in between the exercises?

19) What do you feel is the importance of forming the Animal Virtue Protection Practice?

20) What do you feel is the importance of transferring the Organ Essence to the Energy Body?

21) Were there any difficulties Turning the Wheel in the closing practice?

**Feedback:**

1) *What was your personal impression of this session?*

2) *Did the instructions from this session prepare you for working with the new material by yourself?*

100%      75%      50%      25%      0%

3) *What suggestions do you have that might help to enhance this session?*

4) *Do you feel comfortable and happy about what you learned?*

100%      75%      50%      25%      0%

5) *Do you think your friends could benefit from this session?*

100%      75%      50%      25%      0%

6) *Do you feel the material in this session will be useful for you in your daily life?*

100%      75%      50%      25%      0%

**Date:** \_\_\_\_\_

**Signature of Student:** \_\_\_\_\_

**Signature of Instructor:** \_\_\_\_\_

